



Forget the 'B' Game, Bring Your 'A' Game!

Which game are you bringing?

When you hear a teammate, coach, opponent, spectator or classmate use names to tease, taunt or bully someone because of such differences as race, sexual orientation, gender identity/ expression or religion, you can choose to bring your 'A' game or your 'B' game. Which are you?

'A' is for Ally

You bring your 'A' game when you let others know that namecalling, taunting, bullying and hazing are not ok on your team or in your school. Being an ally means being a leader and standing up for what you believe is right.

'B' is for Bystander

You bring your 'B' game when you let name-calling, taunting, hazing and bullying to go unchallenged. Bringing your 'B' game sends a message that these actions are ok by you.

Who Benefits When You Bring Your 'A' Game?

You. Being an ally is a way of sharing your belief in fair play and respect.

Your Teammates. By showing others how to play with respect, conviction, courage and responsibility you set a positive example and become a leader.

Your Team. By practicing respect, teams can better focus on goals.

Your School. By helping to eliminate taunts, name-calling, bullying and hazing, your school becomes a safer and more respectful place.

Be a Sports Ally for Respect. Bring Your 'A' Game.

- Speak out and let others know that name-calling, bullying and taunting are not cool or acceptable on your team or in your school.
- Ask your coaches and physical education teachers to participate in the Safe Sports Space campaign.
- Invite your team to take the Team Respect Challenge.
- Make a Game Changer video.
- Wear a 'Bring Your 'A' Game' Tee Shirt.