



SILENCE IS OURS

**RECLAIMING SILENCE
ONE GENERATION TO THE NEXT**

**A ZINE BY GLSEN'S 2018-2019
NATIONAL STUDENT COUNCIL**

INTRODUCTION

Every year in April, students throughout the country lead a day in their schools aimed at highlighting the silencing and erasure of LGBTQ people at school. This event is GLSEN's Day of Silence and will be held this year on **April 12th, 2018.**

As we, GLSEN's 2018-2019 National Student Council, reflect on the Day of Silence, we find it essential to highlight the voices so often erased. Throughout history, marginalized groups within the LGBTQ community have repeatedly been silenced, their impact and stories forgotten. We believe that lifting up these voices and providing a platform for them will bring crucial change.

This zine was compiled by queer students as a resource for students, teachers, and GSAs to use for Day of Silence. We hope that the included student-made creations inspire you to continue fighting for those who are silenced and do not have the privilege to speak up.

Together, we can break the silence.

With love and power,
GLSEN's 2018-2019 National Student Council



TIPS FOR THE DAY OF SILENCE

By Brianna Davis

1. [Register for Day of Silence.](#)

2. **Do not use tape to cover your mouth!**

Alternatively, use your shirt, your hand, or a Day Of Silence temporary 'X' tattoo if you want to physically symbolize your silence.

3. **Utilize** [The Official Day of Silence statement.](#)

Make it your phone's lock screen to show to your teachers, friends, and coworkers over the course of the day why you're being silent.

4. **Advertise the event in your school.**

Examples: announcements, flyers, buttons, etc.

5. **Plan something to break the silence.**

This could be a dance, a party. Partner with your [local GLSEN Chapter](#) to host a Breaking the Silence rally.

6. [Share the Day of Silence Educator Guide](#) with your teachers and GSA advisors.

7. **Use the momentum from Day of Silence to stay involved in LGBTQ student issues.**

[Register your school's GSA](#) to get helpful advice all year long!

8. **You have the right to free speech, which includes your right not to speak.**

If you feel these rights are being violated, you can submit your issue by scrolling down to the bottom right hand side of the page and we will share with [Lambda Legal](#) for help.

PLAYLIST

By Brianna Davis and Selena Jeffers

Car Confessions - Young M.A
Body Count - Jessie Reyez ft. Normani & Kehlani
Lake Effect Kid - Fall Out Boy
Spaceship - Kesha
Don't Stop Me Now - Queen
Hammer To Fall (Live Aid) - Queen
HEAVEN - Troye Sivan, Betty Who
This Is Me - Keala Settle, The Greatest Showman Ensemble
Girls Like Girls - Hayley Kiyoko
Take Me or Leave Me - Idina Menzel, Tracie Thoms
In Passing/Cross States - Cyberbully Mom Club
Dancing With A Stranger (with Normani) - Sam Smith, Normani
Strangers - Halsey, Lauren Jauregui
What About Us - P!nk
LGBT - Lowell
Issues - Julia Michaels
Scars To Your Beautiful - Alessia Cara
I Want To Be Free - Queen
Lovely (with Khalid) - Billie Eilish, Khalid
Same Love - Macklemore & Ryan Lewis feat. Mary Lambert



LITERATURE LIST

By Imani Sims

F.U.B.U (For Us By Us)

Queer Literature by Queer Authors

Queer people have existed since the beginning of time. However, our stories, voices, and experiences are often overshadowed, which makes it seem like they don't actually exist. Thanks to literature, queer stories can be told unapologetically by queer authors. These authors give me hope for the future. Check some of these out to start on your queer literature journey!

- › *Giovanni's Room* by James Baldwin
- › *Carry On* by Rainbow Rowell
- › *Outside the XY: Queer, Brown Masculinity* by Bklyn Boihood
- › *Fun Home* by Alison Bechdel
- › *Borderlands/ La Frontera The New Mestiza* by Gloria Anzaldua
- › *More Happy Than Not* by Adam Silvera
- › *Love is Love* by IDW Publishing
- › *I'll Give You the Sun* by Jandy Nelson
- › *The God Box* by Alex Sánchez
- › *Bingo Love* by Tee Franklin







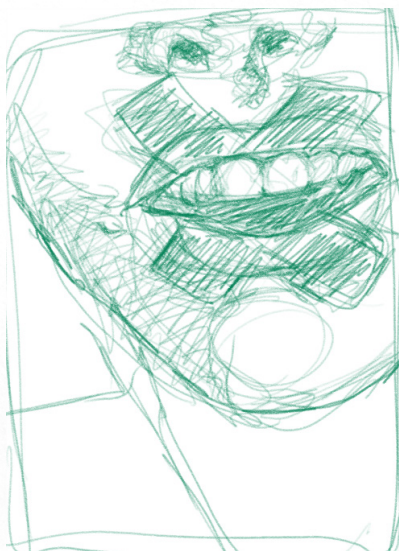
DRAWINGS



By Cruzilious Contreras-Amezcu



By Anais Canepa



BLOGS

By Darid Prom and Jessica Chiriboga

The National Student Council has been working on action steps that folks can take to confront the silencing and erasure that LGBTQ students face. Here is a list of published pieces that can be a launching point for discussions with your administrators, in your GSAs, and in classrooms.

ACTIONS STEPS FOR GSA'S

10 Actions for GSA Advisors

<https://www.glsen.org/blog/10-actions-gsa-advisors>

How School-Based Mental Health Providers Can Support LGBTQ Youth

<https://www.glsen.org/blog/how-school-based-mental-health-providers-can-support-lgbtq-youth>

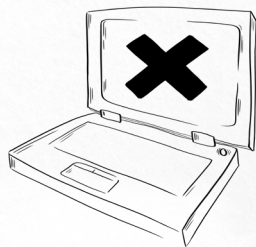
10 Ways School Staff Can Support LGBTQ Youth Experiencing Homelessness

<https://www.glsen.org/blog/10-ways-school-staff-can-support-lgbtq-youth-experiencing-homelessness>

BULLYING

These Approaches Can Prevent Bullying in School

<https://www.glsen.org/blog/these-approaches-can-prevent-bullying-school>



BLOGS (CONT.)

By Darid Prom and Jessica Chiriboga

SUPPORT

6 considerations for Queer Youth Coming Out

<https://www.glsen.org/blog/6-considerations-queer-youth-coming-out>

4 Ways to Support Trans Students of Color

<https://www.glsen.org/blog/4-ways-support-trans-students-color>

6 Ways Students Can Support Trans Youth Now

<https://www.glsen.org/blog/6-ways-students-can-support-trans-youth-now>

4 Ways You Can Support Black, Queer, Trans & GNC Educators Today

<https://www.glsen.org/blog/4-ways-you-can-support-black-queer-trans-gnc-educators-today>

LEARN

What if Schools Taught About Non-binary Pronouns?

<https://www.glsen.org/blog/what-if-schools-taught-about-non-binary-pronouns>

6 LGBTQ History Makers I Wish Were in My History Textbook

<https://www.glsen.org/blog/6-lgbtq-history-makers-i-wish-were-my-history-textbook>

OUTSIDE RESOURCES

By Darid Prom and Jessica Chiriboga

Here are outside resources that can help you in your student organizing for Day of Silence and beyond.

› GSA SUPPORT

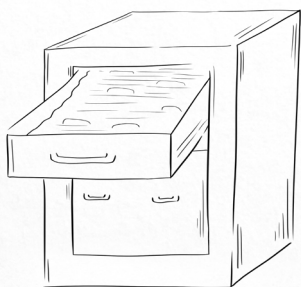
- › [GLSEN](#) - Making Schools LGBTQ+ Inclusive
- › [GSA Network](#) - Training Resources and Development
- › [PFLAG](#) - Student News and Peer Support

› MENTAL HEALTH

- › [Trevor is Project](#) - Trevor Support Center (Trevor Chat, Lifeline, Text)
- › [It Gets Better](#) - Journey gets better!

› LEGAL

- › [Lambda Legal](#) - Legal help for Immigration, Family, Racial Justice, Teens, and Transgenders
- › [Transgender Law Center](#) - The Transgender Law Center is the largest American transgender-led civil rights organization in the United States.
- › [ACLU](#) - ACLU defends and preserves the individual rights and liberties that the Constitution and the laws of the United States guarantee everyone in this country.



OUTSIDE RESOURCES

By Darid Prom and Jessica Chiriboga

› HOMELESSNESS

- › [True Colors Fund](#) - True Colors Access (national database of organizations that provide services to LGBTQ youth experiencing homelessness), National Youth Forum on Homelessness
- › [Rainbow Rights Foundation](#) - Combatting Homelessness in LA area

› NEWS

- › [Them.](#) - Media Content for LGBTQ+ Community

› LOCAL LGBTQ CENTERS

- › [Center Link](#) The Community of LGBT centers

› GENDER IDENTITY

- › [Gender Spectrum](#) - Gender Identity esp. For Teens

WORD SEARCH

By Cruzilious Contreras-Amezcu

BREAKING THE SILENCE

J M D Z O Y X A H L D H K A C N R O V Y
L G R J J P P D V T B N Z X R A H Y M J
D A S Q Z Q D C C G E D P H L K M M T B
X J D L U E L T N K S N S L D S R R E W
Z C F V D Y A I B J A I Y A M A R X S U
B V B G O S H E B Q L S V M S C H C L J
F H O K N C W M L E H K R E O E G I L C
D P I J A I A B N S W G E Q L L W B I F
M H Q E U Y Y C U H K M Y B I E S U E B
Q M T E R E E L Y X B V V W D B V B P K
N Y E N T X V U L E W H I J A R R N Y B
S C Y D P X I F P U S W C D R A O R B R
F U P R U U L V T I B M L N I T H W E I
I Y L D O C K K D A H I Z X T E C E P G
Z Z F P J T A A C W E S T W Y G U T F G
U W G I A U S T E F V R Y N G Q T P U M
S I G W A I I I O P H K O L A T Z T N X
T Z R F M V Q R H R S Z K S L M G D Q A
P H Y H I W I T C A S Z R J G A H T Z D
W X W S L S L F B S C H P O R G L J V W
C Z M K E G R O C G P N X W R C A R B G
Q N P C S O S B O J L O E Y I Y J F U T
N K W F S U P P O R T I B Q U C V M H K
S Z G H D R E S I S T A N C E L W Z U U

ACTIVISM
ADVOCACY
ALLYSHIP
ANTIBULLYING
CELEBRATE
EDUCATORS
HISTORY
LGBTQ+
QUEER
RALLY
RESISTANCE
RISE
SILENCE
SOLIDARITY
SPEAKUP
SUPPORT
TEACHING

BREAK THE SILENCE

Download free resources online at www.glsen.org

Engage with @GLSEN on

