

# RESPONDING TO *VALENTINE ROAD*

## STUDENT ACTIONS AND RESOURCES HANDOUT

Now that you've watched and discussed *Valentine Road*, take action to create change in your school!

5 MIN

### If you have **FIVE MINUTES...**

- Share a **Safe Space Kit** with an educator ally.
- **Register** your GSA.
- Tweet **@GLSEN** and tell us how you're creating change in your school.

1 DAY

### If you have **ONE DAY...**

- Participate in GLSEN's **National Day of Silence**.
- Download and deliver a copy of GLSEN's **Ready, Set, Respect!** elementary toolkit to your alma mater.

1 HR

### If you have **ONE HOUR...**

- Connect with your local **GLSEN Chapter**.
- Read or share **Know your Rights: A Guide for Trans and Gender Nonconforming Students**.

1 WK

### If you have **ONE WEEK...**

- Participate in **Ally Week** in October.
- **Be an Ally** to Trans and Gender Nonconforming Students.



## ONGOING ACTIONS

- Check out **Transgender Student Rights (TSR)**, a grassroots student-created organization, working to create safer spaces for trans and gender nonconforming students.
- Join your school's GSA! If your school doesn't have one, **start it yourself!**
- **Learn** about the impact of GSAs.

## NEED HELP OR SOMEONE TO TALK TO?

### THE TREVOR LIFELINE

Call **1-866-488-7386**, to connect with a trained volunteer counselor who is ready to listen. It's free, confidential and available 24/7. The Trevor Lifeline is the only nationwide, around-the-clock crisis and suicide prevention lifeline for LGBTQ youth. Find out more at [www.thetrevorproject.org](http://www.thetrevorproject.org).

### NATIONAL SUICIDE PREVENTION LIFELINE

Call **1-800-273-TALK (8255)** to connect with a skilled, trained counselor at a crisis center in your area, anytime 24/7. The National Suicide Prevention Lifeline provides free and confidential emotional support to people in suicidal crisis or emotional distress. Find out more at [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org).

For more information and to download the resources above, visit:

**[GLSEN.ORG/VALENTINEROAD](http://GLSEN.ORG/VALENTINEROAD)**