

# CHANGING THE GAME

GLSEN®

Newsletter  
NOVEMBER 2021

## About Changing the Game



GLSEN's **Changing the Game** is a groundbreaking program that started in 2011 to give resources for educators and students to ensure that physical education classes and athletics are inclusive for LGBTQ+ individuals. Our revised and expanded program, includes updated and new resources, educational training, engagement opportunities, and stories from LGBTQ+ young athletes and their supporters.

## GLSEN Events and Recordings

Did you miss the Changing the Game Launch Week? Check out the [recordings of all of our amazing launch events](#), including an interview with Olympic skier Gus Kenworthy and livestreams with soccer player Robbie Rogers, NBA player Jason Collins, and Olympic swimmer Erica Sullivan!



## Resource Highlight

Our Changing the Game guides include a wealth of information about ensuring safety for LGBTQ+ student athletes. If you're a student athlete, you'll want to check out our [Game Plan for LGBTQ+ Athletes and Allies](#). It includes tips on coming out to your team, guidance on your rights to have inclusive facilities and gender-affirming uniforms, and a list of ways allies can support their LGBTQ+ teammates. Coaches should take a look at our [Game Plan for Coaches](#), which includes a number of things to consider in order to make your team inclusive of LGBTQ+ athletes.



## Blog Highlight

Members of the GLSEN community have written five amazing blogs for Changing the Game about their experiences with LGBTQ+ inclusion in sports. Read [former National Student Council member Eric Samelo's blog](#) to hear his story of overcoming discrimination and bigotry in athletic spaces and finding a community on the swim team.

## Policy

GLSEN's Public Policy office recently updated its [Gender Affirming and Inclusive Athletics](#) resource, which contains recommendations for inclusive athletics policies and other important information. You can see the most up to date state athletics laws and policies on GLSEN's [Policy Maps](#) page.



## Partnership Highlights

Thank you to our partners, DICK's Sporting Goods, Gill Foundation, National Basketball Association (NBA), New Balance, Sweaty Betty Foundation, The DICK's Sporting Goods Foundation, and Women's National Basketball Association (WNBA). Your support helps make Changing the Game possible.



## In the News

[Texas' House Bill 25](#) was passed on October 25, 2021, and it forces all trans student athletes in public schools to compete on the sports team that aligns with their sex assigned at birth. Head to [this article from the New York Times](#) to learn more about this bill and other trans athletics-related legislation across the country. The article also describes a number of lawsuits that have been filed by the ACLU in attempts to combat these harmful bills.

