

Need some ideas on how to engage your school in the Day of Silence? Try these!

Before the Day of Silence

- **MAKE AN ANNOUNCEMENT:**
Using your school's morning or afternoon intercom announcements (and with permission), make an announcement about the upcoming Day of Silence, telling students how they can participate and who they can contact for more information.
- **SET UP A BOOTH OR TABLE:**
Get permission to set up a booth or table at lunch to distribute information about the Day of Silence and get students to register.
- **CREATE A DISPLAY:**
Display Day of Silence posters in a hallway.
- **GET TEACHERS INVOLVED:**
Ask your teachers to discuss the Day of Silence in their classrooms, or ask permission to make a short announcement in class about Day of Silence.
- **DISTRIBUTE RESOURCES:**
Print out GLSEN's speaking cards, posters, stickers, and other materials. Distribute them to students to display on the Day of Silence.
- **HOLD A WORKSHOP:**
Lead an after-school workshop to discuss the effects of anti-LGBT bullying and introduce the importance of the Day of Silence. Use GLSEN's National School Climate Survey for information.
- **ORGANIZE ONLINE:**
Using the hashtag #dayofsilence, share how you're planning for Day of Silence and connect with other people planning events.
- **REGISTER:**
Register yourself and other participants at dayofsilence.org.

During the Day of Silence

- **DRESS THE PART:**
Get an official Day of Silence shirt at shop.glsen.org, wear GLSEN stickers or buttons, make your own shirt, or wear the color red.
- **LEAD A SILENT LUNCH:**
Designate a table where you agree to remain silent for the duration of lunch as a way of observing Day of Silence.
- **MAKE A SAFE SPACE:**
The Day of Silence is exciting and fun, but can sometimes be stressful. With permission, designate a room or space where participants can go to relax and get support.
- **SHARE YOUR EXPERIENCES:**
Share stories, tweets, and pictures with other student organizers by using the hashtag #dayofsilence online.

After the Day of Silence

- **CREATE A VIDEO:**
Interview Day of Silence participants about their experiences and create a video you can use to promote next year's event.
- **BREAK THE SILENCE:**
Hold an event after school to "break the silence," or to make noise for the first time with everyone who participated in Day of Silence. This can take the form of a rally, an open mic or any number of other events; see "Breaking the Silence" for ideas.
- **CELEBRATE YOUR ACHIEVEMENTS:**
Honor the work you did for Day of Silence with a party, group movie night or other celebration for participants.